Aquatic Therapy
Individual evaluation and instruction on flexibility, strength, conditioning, stabilization, postural training and neutral spine awareness in our 92-degree therapeutic pool. Please call 646-5627.

Educational Visit
Want to know how to get the most out of your exercise program? Have a nagging injury, an old injury, or want to prevent an injury? Have a Physical Therapist help with your program. Please call 646-5627.

Independent Program Setup
Whether you want advice on a home exercise program or need assistance in setting up your gym program, MSC professional physical therapy staff can assist you. Please call 646-5627.

Physical Therapy Evaluation
Comprehensive musculoskeletal evaluation by a licensed Physical Therapist. Learn about your body and what you can do to strengthen and improve your health and fitness. Please call 646-5627.

Postural/Ergonomic Training
Professional Physical Therapy Staff can assist you with postural training and ergonomic instruction for the workplace. Reduce back and neck strain and prevent repetitive injuries like carpal tunnel syndrome. Please call 646-5627.

Therapeutic Exercise
Physical Therapist supervised exercise. Licensed staff provides instruction on flexibility, conditioning, strength, stabilization, postural education and neutral spine awareness. Please call 646-5627.

Therapeutic Pilates
Physical Therapist supervised instruction in Pilates. Perfect for individuals just beginning to learn Pilates or for individuals with joint, back or medical conditions and for individuals recovering from injury. Please call 646-5627.

*MSC Physical Therapy is a preferred provider for Blue Cross, Blue Shield, Medicare, Tricare and many other insurance providers. Please call 646-5627 for insurance authorization, appointments and billing details.