Gymnastics

Gymnastics for Children: Classes are offered for walking toddlers through school-aged children at all levels of skill. Instruction is offered on the vault, bars, balance beam, mini-trampoline and tumbling. In addition to teaching gymnastics skills and techniques, this program provides a holistic and experiential approach to learning with the focus on fitness, social skills and building friendships versus competition. Our vision is to create an environment devoted to self-exploration through movement. Children are nurtured to foster their self-esteem and realize a sense of pride and trust in their ability to move through their lives in a physical and adventurous way. All classes are structured to ensure a fun, creative and playful experience.

APPROPRIATE ATTIRE: Students may wear any of the following clothing: leotard, footless tights, shorts, sweats, leggings, t-shirts (tucked in), bare feet. Please tie up long hair and pull back hair that falls in the face. Avoid plastic hair bands and clips.

Please do NOT wear jewelry, jeans, dresses, baggy t-shirts, zippers, belts, buttons, etc.

All gymnastic classes are now available for online registration. Intermediate Gymnastics for Kids requires instructor permission.

Gymnastics for Toddlers-Parent Participation

Songs, movement games and beginning gymnastics skills are offered. The building blocks of coordination, balance and kinesthetic awareness are explored as the parent engages with their child in this class. The younger class offers free exploration with suggestions and guidance. The older class begins with circle time and then parent and child move through a structured obstacle course together. Classes are one parent per one child ratio.

For ages Walking through 30 months.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	10:45-11:30am	Jun 11-Jun 25	Youth Center	Staff	$32	$24	26035-1
Tu	10:45-11:30am	Jul 9-Jul 23	Youth Center	Staff	$32	$24	26035-2
Tu	10:45-11:30am	Aug 13-Sep 3	Youth Center	Staff	$42	$32	26035-3
Tu	10:45-11:30am	Sep 10-Oct 1	Youth Center	Staff	$42	$32	26035-4
Tu	10:45-11:30am	Oct 15-Nov 5	Youth Center	Staff	$42	$32	26035-5
Tu	10:45-11:30am	Nov 12-Dec 10	Youth Center	Staff	$52	$40	26035-6
F	9:00-9:45am	Jun 14-Jun 28	Youth Center	Staff	$32	$24	26034-1
F	9:00-9:45am	Jul 12-Jul 26	Youth Center	Staff	$32	$24	26034-2
F	9:00-9:45am	Aug 16-Sep 6	Youth Center	Staff	$42	$32	26034-3
F	9:00-9:45am	Sep 13-Oct 4	Youth Center	Staff	$42	$32	26034-4
F	9:00-9:45am	Oct 18-Nov 8	Youth Center	Staff	$42	$32	26034-5
F	9:00-9:45am	Nov 15-Dec 13 *(No Class Nov 29)*	Youth Center	Staff	$42	$32	26034-6

For ages 30 months-3½ years.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	10:00-10:45am	Jun 11-Jun 25	Youth Center	Staff	$32	$24	26036-1
Tu	10:00-10:45am	Jul 9-Jul 23	Youth Center	Staff	$32	$24	26036-2
Tu	10:00-10:45am	Aug 13-Sep 3	Youth Center	Staff	$42	$32	26036-3
Tu	10:00-10:45am	Sep 10-Oct 1	Youth Center	Staff	$42	$32	26036-4
Tu	10:00-10:45am	Oct 15-Nov 5	Youth Center	Staff	$42	$32	26036-5
Tu	10:00-10:45am	Nov 12-Dec 10	Youth Center	Staff	$52	$40	26036-6
F	9:45-10:30am	Jun 14-Jun 28	Youth Center	Staff	$32	$24	26037-1
F	9:45-10:30am	Jul 12-Jul 26	Youth Center	Staff	$32	$24	26037-2
F	9:45-10:30am	Aug 16-Sep 6	Youth Center	Staff	$42	$32	26037-3
F	9:45-10:30am	Sep 13-Oct 4	Youth Center	Staff	$42	$32	26037-4
F	9:45-10:30am	Oct 18-Nov 8	Youth Center	Staff	$42	$32	26037-5
F	9:45-10:30am	Nov 15-Dec 13 *(No Class Nov 29)*	Youth Center	Staff	$42	$32	26037-6

Beginning Gymnastics for Tots

Beginning level skills are taught, focusing on motor coordination and confidence. Gymnasts are encouraged to learn at their own pace. **First time 3 year old students are encouraged to take one session of the parent participation class before enrolling in the 3-4½ year classes.**

For ages 3-4½ years.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	9:15-10:00am	Jun 11-Jun 25	Youth Center	Staff	$32	$24	26000-1
Tu	9:15-10:00am	Jul 9-Jul 23	Youth Center	Staff	$32	$24	26000-2
Tu	9:15-10:00am	Aug 13-Sep 3	Youth Center	Staff	$42	$32	26000-3
Tu	9:15-10:00am	Sep 10-Oct 1	Youth Center	Staff	$42	$32	26000-4
Tu	9:15-10:00am	Oct 15-Nov 5	Youth Center	Staff	$42	$32	26000-5
Tu	9:15-10:00am	Nov 12-Dec 10	Youth Center	Staff	$52	$40	26000-6
F	10:30-11:15am	Jun 14-Jun 28	Youth Center	Staff	$32	$24	26001-1
F	10:30-11:15am	Jul 12-Jul 26	Youth Center	Staff	$32	$24	26001-2
F	10:30-11:15am	Aug 16-Sep 6	Youth Center	Staff	$42	$32	26001-3
F	10:30-11:15am	Sep 13-Oct 4	Youth Center	Staff	$42	$32	26001-4
F	10:30-11:15am	Oct 18-Nov 8	Youth Center	Staff	$42	$32	26001-5
F	10:30-11:15am	Nov 15-Dec 13 *(No Class Nov 29)*	Youth Center	Staff	$42	$32	26001-6
W	2:30-3:15pm	Jun 12-Jun 26	Youth Center	Staff	$32	$24	26009-1
W	2:30-3:15pm	Jul 10-Jul 24	Youth Center	Staff	$32	$24	26009-2
W	2:30-3:15pm	Aug 14-Sep 4	Youth Center	Staff	$42	$32	26009-3
W	2:30-3:15pm	Sep 11-Oct 2	Youth Center	Staff	$42	$32	26009-4
W	2:30-3:15pm	Oct 16-Nov 6	Youth Center	Staff	$42	$32	26009-5
W	2:30-3:15pm	Nov 13-Dec 11	Youth Center	Staff	$52	$40	26009-6

For ages 3½-5 years (Preschool).

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu,Th	1:00-1:45pm	Jun 11-Jun 27	Youth Center	Staff	$63	$48	26020-1
Tu,Th	1:00-1:45pm	Jul 9-Jul 25	Youth Center	Staff	$63	$48	26020-2
Tu,Th	1:00-1:45pm	Aug 13-Sep 5	Youth Center	Staff	$84	$64	26020-3
Tu,Th	1:00-1:45pm	Sep 10-Oct 3	Youth Center	Staff	$84	$64	26020-4
Tu,Th	1:00-1:45pm	Oct 15-Nov 7	Youth Center	Staff	$84	$64	26020-5
Tu,Th	1:00-1:45pm	Nov 12-Dec 12 *(No Class Nov 29)*	Youth Center	Staff	$94	$72	26020-6
Tu,Th	1:45-2:30pm	Jun 11-Jun 27	Youth Center	Staff	$63	$48	26007-1
Tu,Th	1:45-2:30pm	Jul 9-Jul 25	Youth Center	Staff	$63	$48	26007-2
Tu,Th	1:45-2:30pm	Aug 13-Sep 5	Youth Center	Staff	$84	$64	26007-3
Tu,Th	1:45-2:30pm	Sep 10-Oct 3	Youth Center	Staff	$84	$64	26007-4
Tu,Th	1:45-2:30pm	Oct 15-Nov 7	Youth Center	Staff	$84	$64	26007-5
Tu,Th	1:45-2:30pm	Nov 12-Dec 12 *(No Class Nov 29)*	Youth Center	Staff	$94	$72	26007-6
Th	5:15-6:00pm	Jun 13-Jun 27	Youth Center	Staff	$32	$24	26022-1
Th	5:15-6:00pm	Jul 11-Jul 25	Youth Center	Staff	$32	$24	26022-2
Th	5:15-6:00pm	Aug 15-Sep 5	Youth Center	Staff	$42	$32	26022-3
Th	5:15-6:00pm	Sep 12-Oct 3	Youth Center	Staff	$42	$32	26022-4
Th	5:15-6:00pm	Oct 17-Nov 7	Youth Center	Staff	$42	$32	26022-5
Th	5:15-6:00pm	Nov 14-Dec 12 *(No Class Nov 28)*	Youth Center	Staff	$42	$32	26022-6
F	2:30-3:15pm	Jun 14-Jun 28	Youth Center	Staff	$32	$24	26002-1
F	2:30-3:15pm	Jul 12-Jul 26	Youth Center	Staff	$32	$24	26002-2
F	2:30-3:15pm	Aug 16-Sep 6	Youth Center	Staff	$42	$32	26002-3
F	2:30-3:15pm	Sep 13-Oct 4	Youth Center	Staff	$42	$32	26002-4
F	2:30-3:15pm	Oct 18-Nov 8	Youth Center	Staff	$42	$32	26002-5
F	2:30-3:15pm	Nov 15-Dec 13 *(No Class Nov 29)*	Youth Center	Staff	$42	$32	26002-6

Beginning Gymnastics for Kids

Beginning and intermediate level skills are taught, focusing on technique, form, and developing a sense of personal achievement.

For ages 5-7 years (Kindergarten and older).

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	5:15-6:00pm	Jun 11-Jun 25	Youth Center	Staff	$32	$24	26008-1
Tu	5:15-6:00pm	Jul 9-Jul 23	Youth Center	Staff	$32	$24	26008-2
Tu	5:15-6:00pm	Aug 13-Sep 3	Youth Center	Staff	$42	$32	26008-3
Tu	5:15-6:00pm	Sep 10-Oct 1	Youth Center	Staff	$42	$32	26008-4
Tu	5:15-6:00pm	Oct 15-Nov 5	Youth Center	Staff	$42	$32	26008-5
Tu	5:15-6:00pm	Nov 12-Dec 10 *(Recital session)*	Youth Center	Staff	$52	$40	26008-6
W,F	3:15-4:00pm	Jun 12-Jun 28	Youth Center	Staff	$63	$48	26004-1
W,F	3:15-4:00pm	Jul 10-Jul 26	Youth Center	Staff	$63	$48	26004-2
W,F	3:15-4:00pm	Aug 14-Sep 6	Youth Center	Staff	$84	$64	26004-3
W,F	3:15-4:00pm	Sep 11-Oct 4	Youth Center	Staff	$84	$64	26004-4
W,F	3:15-4:00pm	Oct 16-Nov 8	Youth Center	Staff	$84	$64	26004-5
W,F	3:15-4:00pm	Nov 13-Dec 13 *(No Class Nov 29) (Recital session)*	Youth Center	Staff	$94	$72	26004-6

For ages 6-10 years (1st grade and older).

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu,Th	3:05-4:00pm	Jun 11-Jun 27	Youth Center	Staff	$63	$48	26003-1
Tu,Th	3:05-4:00pm	Jul 9-Jul 25	Youth Center	Staff	$63	$48	26003-2
Tu,Th	3:05-4:00pm	Aug 13-Sep 5	Youth Center	Staff	$84	$64	26003-3
Tu,Th	3:05-4:00pm	Sep 10-Oct 3	Youth Center	Staff	$84	$64	26003-4
Tu,Th	3:05-4:00pm	Oct 15-Nov 7	Youth Center	Staff	$84	$64	26003-5
Tu,Th	3:05-4:00pm	Nov 12-Dec 12 *(No Class Nov 29) (Recital session)*	Youth Center	Staff	$94	$72	26003-6

For ages 7-11 years.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
W	5:05-6:00pm	Jun 12-Jun 26	Youth Center	Staff	$32	$24	26026-1
W	5:05-6:00pm	Jul 10-Jul 24	Youth Center	Staff	$32	$24	26026-2
W	5:05-6:00pm	Aug 14-Sep 4	Youth Center	Staff	$42	$32	26026-3
W	5:05-6:00pm	Sep 11-Oct 2	Youth Center	Staff	$42	$32	26026-4
W	5:05-6:00pm	Oct 16-Nov 6	Youth Center	Staff	$42	$32	26026-5
W	5:05-6:00pm	Nov 13-Dec 11 *(Recital session)*	Youth Center	Staff	$52	$40	26026-6
W,F	4:05-5:00pm	Jun 12-Jun 28	Youth Center	Staff	$63	$48	26027-1
W,F	4:05-5:00pm	Jul 10-Jul 26	Youth Center	Staff	$63	$48	26027-2
W,F	4:05-5:00pm	Aug 14-Sep 6	Youth Center	Staff	$84	$64	26027-3
W,F	4:05-5:00pm	Sep 11-Oct 4	Youth Center	Staff	$84	$64	26027-4
W,F	4:05-5:00pm	Oct 16-Nov 8	Youth Center	Staff	$84	$64	26027-5
W,F	4:05-5:00pm	Nov 13-Dec 13 *(No Class Nov 29) (Recital session)*	Youth Center	Staff	$94	$72	26027-6

Intermediate Gymnastics for Kids

Intermediate and advanced skills are taught, focusing on technique, form, and developing a sense of personal achievement. There is a greater focus on strength, flexibility, and self-motivation in the intermediate level.

For ages 7-12 years (Instructor permission required).

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu,Th	4:05-5:15pm	Jun 11-Jun 27	Youth Center	Staff	$63	$48	26006-1
Tu,Th	4:05-5:15pm	Jul 9-Jul 25	Youth Center	Staff	$63	$48	26006-2
Tu,Th	4:05-5:15pm	Aug 13-Sep 5	Youth Center	Staff	$84	$64	26006-3
Tu,Th	4:05-5:15pm	Sep 10-Oct 3	Youth Center	Staff	$84	$64	26006-4
Tu,Th	4:05-5:15pm	Oct 15-Nov 7	Youth Center	Staff	$84	$64	26006-5
Tu,Th	4:05-5:15pm	Nov 12-Dec 12 *(No Class Nov 29) (Recital session)*	Youth Center	Staff	$94	$72	26006-6

Gymnastics Mini Camp

Gymnasts will practice their skill building through obstacle courses, dive into gymnastics inspired arts & crafts, and have fun engaging in movement based games. Please send a water bottle and a snack each day.

For ages 6-10 years.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
M,Tu,W,F	12:30-4:30pm	Jul 1-Jul 5 *(No Class Jul 4)*	Youth Center	Staff	$125	$96	26032-1
M-F	12:30-4:30pm	Oct 7-Oct 11	Youth Center	Staff	$156	$120	26032-2

Music and Drama

Choraleers

Join this group of women who sing light, popular music for self-enjoyment, growth and performance. Materials are provided. Call Hilltop Park Center at 646-3975 for more program information.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
M	1:15-3:30pm	Continuous (resuming Sep 16) *(No Class Oct 7 and Nov 11)*	Hilltop Park	S. Gallaher	$10

Monterey Community Band

Come join the band and play a part in your community! The Monterey Community Band is a group of local volunteer musicians who have come together to benefit the community. There are no auditions; however, you must be able to read music and provide your own instrument. Contact Recreation and Community Services Manager Cindy Vierra at 646-3866 for further information.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
M	6:30-9:30pm	Continuous (resuming Aug 19)	Monterey High School Band Room	R. Robins	None