

Youth Wrestling

This program will develop individual skills in the sport of wrestling. Emphasis will be on having fun while learning the fundamentals of wrestling.

For grades 1st through 8th.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Th	5:30-6:30pm	Mar 9-Apr 27	Sports Center	Staff	\$58	\$50	53052-A

Winter Co-ed Volleyball League

This is an intermediate Co-ed Volleyball League. Only 7 teams will be accepted. **Closing date is December 17** or the first 7 teams who register before the closing date.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
M	6:15-9:15pm	Jan 9-Mar 20 (No Games Jan 16 and Feb 20)	Sports Center	Staff	\$295	\$270	53026-A

Spring Co-ed Volleyball League

Monday is for Advanced. Tuesday is for Intermediate/Competitive. Wednesday is for Intermediate/Recreational. Only 7 teams will be accepted for each night. **Closing date is March 9** for the spring session or the first 7 teams per night who register before the closing date.

For ages 18 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
M	6:15-9:15pm	Mar 20-May 15	Sports Center	Staff	\$295	\$270	53027-A
Tu	6:15-9:15pm	Mar 21-May 16	Sports Center	Staff	\$295	\$270	53027-B
W	6:15-9:15pm	Mar 22-May 17	Sports Center	Staff	\$295	\$270	53027-C

FOR ALL TEAM FEES: To be eligible for the Monterey Resident team fee, the entire team roster must be turned in at the time of registration and consist of 75% or more Monterey residents (at least 10 active players – not subs). Incomplete rosters will pay the higher fee. There will be no refund of fees if the team roster is completed after the team has registered.

Free Agent List for Adult Volleyball

Want to play in a volleyball league? Sign up on the free agent list used by managers for recruiting. To be placed on the list, call 646-3439.

Volunteer Coaches Needed

We need volunteers to coach or to assist in coaching. If you are interested in volunteering, please call the Monterey Sports Center at 646-3439.

PLEASE NOTE: COURT SHOES ONLY ALLOWED INSIDE THE GYMNASIUM!

ALL PROGRAMS ARE SUBJECT TO CHANGE IN DATES AND TIME.



MSC Martial Arts

Martial Arts

This program combines the martial arts of Jujitsu and Karate. Students may earn rank from white belt through black belt in both arts.

For ages 6 and older.

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
W,F	7:00-8:30pm	Jan 4-Jan 27	Sports Center	Staff	\$53	\$45	52075-A
W,F	7:00-8:30pm	Feb 1-Feb 24	Sports Center	Staff	\$53	\$45	52075-B
W,F	7:00-8:30pm	Mar 1-Mar 24	Sports Center	Staff	\$53	\$45	52075-C
W,F	7:00-8:30pm	Mar 29-Apr 21	Sports Center	Staff	\$53	\$45	52075-D
W,F	7:00-8:30pm	Apr 26-May 19	Sports Center	Staff	\$53	\$45	52075-E
W,F	7:00-8:30pm	May 24-Jun 16	Sports Center	Staff	\$53	\$45	52075-F