

## Basketball Private or Group Lessons

Take your game to the next level! Gain the skills and confidence you need through private or group basketball lessons. For any age and individual or group comfort level and ability. Call 646-3439 to schedule your sessions.

*For all ages.*

DAY/TIME/SESSIONS	LOCATION	INSTRUCTOR	FEE
Appointment only	Sports Center	Staff	<b>Private:</b> Instruction is one student to one instructor <b>Fee:</b> \$35 per hour session  <b>Group:</b> Instruction is two or more students to one instructor <b>Fee:</b> \$25 per person per hour session

## Pee Wee Basketball (5-6 Years)

Players will shoot at eight-foot baskets and get equal playing time. No score will be kept! First meeting is 9:00 to 10:00am. There will be a one hour practice once a week scheduled by coaches. Last seven weeks game times will vary between 9:00am and 11:00am. Volunteer coaches needed: For more information, call 646-3439. **Age determined as of January 7, 2017.**

*For ages 5-6 years.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Sa	9:00-11:00am	Jan 7-Feb 25	Sports Center	Staff	\$98	\$90	53021-A

## Pee Wee Basketball (7-8 Years)

Players will shoot at eight-foot baskets and get equal playing time. First meeting is 10:15 to 11:15am. There will be a one hour practice once a week scheduled by coaches. Last seven weeks game times will vary between 10:00am and 1:00pm. Volunteer coaches needed: For more information, call 646-3439. **Age determined as of January 7, 2017.**

*For ages 7-8 years.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Sa	10:00am-1:00pm	Jan 7-Feb 25	Sports Center	Staff	\$98	\$90	53022-A

## Girls Youth Basketball Leagues

This league will teach teamwork, good sportsmanship and the fundamentals that are necessary to become a better basketball player. **Registration deadline is November 27, 2016.** Requests for teammates will be considered but not guaranteed. Practices will be from 5:00-6:30pm for the first three weeks. Remaining practices will be once a week throughout the season scheduled by coaches. League games will start in January. Game times will vary between 5:00-9:00pm on game night. There will also be an end of the season tournament.

*For grades 3rd through 4th.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	5:00-9:00pm	Nov 29-Feb 28	Sports Center	Staff	\$103	\$95	53018-A

*For grades 5th through 6th.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Tu	5:00-9:00pm	Nov 29-Feb 28	Sports Center	Staff	\$103	\$95	53019-A

## Boys Youth Basketball Leagues

This league will teach teamwork, good sportsmanship and the fundamentals that are necessary to become a better basketball player. **Registration deadline is November 27, 2016.** Requests for teammates will be considered but not guaranteed. Practices will be from 5:00-6:30pm for the first three weeks. Remaining practices will be once a week throughout the season scheduled by coaches. League games will start in January. Game times will vary between 5:00-9:00pm on game night. There will also be an end of the season tournament.

*For grades 3rd through 4th.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
W	5:00-9:00pm	Nov 30-Mar 1	Sports Center	Staff	\$103	\$95	53015-A

*For grades 5th through 6th.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Th	5:00-9:00pm	Dec 1-Mar 2	Sports Center	Staff	\$103	\$95	53016-A

*For grades 7th through 8th.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
F	5:00-9:00pm	Dec 2-Mar 3	Sports Center	Staff	\$103	\$95	53017-A

## "Hoop Shoot" Basketball Free Throw Contest

The Monterey Sports Center is sponsoring a 2016 "Hoop Shoot" Free Throw Contest. There are two divisions, boys and girls, and three age groups. Winners from each age group will advance to the Elks Peninsula Finals. Trophies for First Place!

*For ages 8-13 years.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
Sa	10:30am	Nov 12	Sports Center	Staff	None

## "Hot Shot" Basketball Contest

The competition is open to boys and girls ages 8 through 16. There are both boys and girls divisions, and three age groups. Winners will advance to the Peninsula Finals! Trophies for First Place!

*For ages 8-16 years.*

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE
Sa	11:30am	Nov 12	Sports Center	Staff	None

## Youth Wrestling

This program will develop individual skills in the sport of wrestling. Emphasis will be on having fun while learning the fundamentals of wrestling.

**For grades 1st through 8th.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
Th	5:30-6:30pm	Mar 9-Apr 27	Sports Center	Staff	\$58	\$50	53052-A

## Winter Co-ed Volleyball League

This is an intermediate Co-ed Volleyball League. Only 7 teams will be accepted. **Closing date is December 17** or the first 7 teams who register before the closing date.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
M	6:15-9:15pm	Jan 9-Mar 20 (No Games Jan 16 and Feb 20)	Sports Center	Staff	\$295	\$270	53026-A

## Spring Co-ed Volleyball League

Monday is for Advanced. Tuesday is for Intermediate/Competitive. Wednesday is for Intermediate/Recreational. Only 7 teams will be accepted for each night. **Closing date is March 9** for the spring session or the first 7 teams per night who register before the closing date.

**For ages 18 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
M	6:15-9:15pm	Mar 20-May 15	Sports Center	Staff	\$295	\$270	53027-A
Tu	6:15-9:15pm	Mar 21-May 16	Sports Center	Staff	\$295	\$270	53027-B
W	6:15-9:15pm	Mar 22-May 17	Sports Center	Staff	\$295	\$270	53027-C

**FOR ALL TEAM FEES: To be eligible for the Monterey Resident team fee, the entire team roster must be turned in at the time of registration and consist of 75% or more Monterey residents (at least 10 active players – not subs). Incomplete rosters will pay the higher fee. There will be no refund of fees if the team roster is completed after the team has registered.**

## Free Agent List for Adult Volleyball

Want to play in a volleyball league? Sign up on the free agent list used by managers for recruiting. To be placed on the list, call 646-3439.

## Volunteer Coaches Needed

We need volunteers to coach or to assist in coaching. If you are interested in volunteering, please call the Monterey Sports Center at 646-3439.

**PLEASE NOTE: COURT SHOES ONLY ALLOWED INSIDE THE GYMNASIUM!**

**ALL PROGRAMS ARE SUBJECT TO CHANGE IN DATES AND TIME.**



## MSC Martial Arts

## Martial Arts

This program combines the martial arts of Jujitsu and Karate. Students may earn rank from white belt through black belt in both arts.

**For ages 6 and older.**

DAY	TIME	SESSIONS	LOCATION	INSTRUCTOR	FEE	MTY RES FEE	ACTIVITY#
W,F	7:00-8:30pm	Jan 4-Jan 27	Sports Center	Staff	\$53	\$45	52075-A
W,F	7:00-8:30pm	Feb 1-Feb 24	Sports Center	Staff	\$53	\$45	52075-B
W,F	7:00-8:30pm	Mar 1-Mar 24	Sports Center	Staff	\$53	\$45	52075-C
W,F	7:00-8:30pm	Mar 29-Apr 21	Sports Center	Staff	\$53	\$45	52075-D
W,F	7:00-8:30pm	Apr 26-May 19	Sports Center	Staff	\$53	\$45	52075-E
W,F	7:00-8:30pm	May 24-Jun 16	Sports Center	Staff	\$53	\$45	52075-F